



DEPARTMENT OF THE NAVY

BUREAU OF MEDICINE AND SURGERY
2300 E STREET NW
WASHINGTON DC 20372-5300

IN REPLY REFER TO

BUMEDINST 1020.8
BUMED-M09B
14 Feb 2006

BUMED INSTRUCTION 1020.8

From: Chief of Staff, Bureau of Medicine and Surgery

To: All Internal BUMED codes

Subj: UNIFORM POLICY AND REGULATIONS

Encl: (1) NDWINST 1020.5S

1. Purpose. To issue regional, basic Navy uniform policy and regulations for all Naval personnel at the Bureau of Medicine and Surgery (BUMED) as directed by enclosure (1). Enclosure (1) is for guidance and use by all BUMED military personnel.

2. Cancellation. NAVMEDCOMINST 1020.2A.

3. Background. As a command within the National Capital Region, BUMED is guided by the uniform policy and regulations of NDW. In addition to the guidance in enclosure (1), the BUMED compound is an uncovered area for transiting between buildings and to and from vehicles.

4. Action. All BUMED military staff will comply with enclosure (1) as the governing directive for the wearing of uniforms and civilian attire. BUMED uniform guidelines are published in the Plan of the Week via the Enterprise Knowledge Management (eKM) Welcome page.

A handwritten signature in black ink, appearing to read "C. S. Hunter", is positioned above the printed name.

C. S. HUNTER
Chief of Staff



DEPARTMENT OF THE NAVY

NAVAL DISTRICT WASHINGTON
1014 N STREET SE SUITE 200
WASHINGTON NAVY YARD DC 20374-5001

NDWINST 1020.5S

Code N00M

JUL 19 2002

NAVAL DISTRICT WASHINGTON INSTRUCTION 1020.5S

From: Commandant, Naval District Washington

Subj: UNIFORM POLICY AND REGULATIONS

Ref: (a) NDWINST 5400.3E
(b) U.S. Navy Uniform Regulations, CD ROM Revision
April 2000 (NAVPERS 15665I)
(c) NDWINST 5100.1C

Encl: (1) Seasonal Chart for Naval Uniforms
(2) Basic Uniform Components
(3) Requirements for Military Attire
(4) Requirements for Civilian Attire

1. Purpose. To prescribe basic Navy uniforms and promulgate the uniform policy and regulations for all naval personnel in the Naval District Washington (NDW) area of responsibility, also known as the National Capital Region (NCR). Per reference (a), the NCR comprises Maryland, the District of Columbia, and the Northern Virginia counties of Arlington, Fairfax, Fauquier, Loudoun, Prince William and Stafford, and the cities located within their combined outer boundaries.

2. Cancellation. NDWINST 1020.5R

3. Background. Reference (b) is the basic directive governing the wearing of uniforms and civilian attire by naval personnel. As the Area Coordinator, Commandant, NDW, is assigned responsibility for issuing and controlling uniform policy and the appearance of naval personnel within the NCR. Commandant, NDW, is also responsible for prescribing uniforms for the season, day, or special occasion that will provide the greatest consistency of appearance. Since the NCR is the seat of our Federal Government, the sharp military bearing of naval personnel is critical in creating a favorable impression of the Navy.

4. Information

a. Enclosure (1) provides a seasonal chart of Navy uniforms for summer and winter wear within the NCR.

b. Enclosure (2) provides guidance on basic uniform components and prescribable uniform items.

c. Enclosures (3) and (4) provide guidance to assist commanding officers and officers-in-charge in defining proper military uniform and civilian attire, and general appearance standards for military personnel in the NCR.

5. General Regulations

a. All naval personnel while on board a military activity within the NCR will be in the prescribed uniform or appropriate civilian attire, as described in reference (b). Dress-down days or civilian attire is not appropriate for military members during working hours or while in a duty status. Furthermore, the granting of "civilian clothes days" or civilian clothes privileges to military members during working hours, in recognition for a specific achievement or as an incentive for one's participation in an activity, is not authorized.

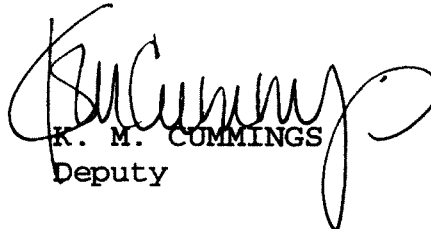
b. All uniformed naval personnel conducting business on Capitol Hill will wear the uniform of the day (Summer White or Service Dress Blue). All uniformed naval personnel testifying before Congress or attending Congressional hearings will wear Service Dress Blue throughout the year, regardless of season.

c. All naval personnel will wear safety helmets and safety apparel while riding motorcycles, scooters, or bicycles both on and off base, per reference (c).

d. To ensure consistency, Commandant, NDW, will publish the seasonal uniform change by message twice each year. Uniform changes will normally take place in early-May and early-October. Actual dates will be coordinated by the Commandant with the concurrence of the Vice Chief of Naval Operations.

e. Requests for an exception to wearing the prescribed uniform for a specific event must be submitted to Commandant, NDW, for approval.

6. Action. Commanding officers and officers-in-charge will ensure compliance with this instruction by personnel under their cognizance. Continuous command attention will ensure that uniforms are properly worn and maintained, so as to bring credit to the command and the naval service. Personnel at all levels must ensure that their appearance and that of their subordinates conform with reference (b) and this directive. Personnel in positions of leadership will use positive, personal initiative to hold junior personnel accountable for compliance with uniform and civilian attire regulations contained herein, whether in the work place or in public. Pride in appearance is the mark of a responsible military member and a prime indicator of morale and discipline within a command.


K. M. CUMMINGS
Deputy

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SEASONAL CHARTS FOR NAVAL UNIFORMS

1. Key

P Prescribed Uniform. The uniform prescribed for purposes of consistency.

A Alternate Uniform. The uniform authorized for certain circumstances in lieu of the prescribed uniform.

O Optional Uniform. A uniform that is authorized, but cannot be prescribed, because it is not required for all personnel.

X When authorized by commanding officers or officers-in-charge for certain personnel engaged in work or activity significantly different from the general activities of the majority of personnel covered by items P or A, above.

2. Authorized uniforms of the day for winter and summer periods are as follows:

<u>Uniform of the Day</u>	<u>Winter</u>	<u>Summer</u>
OFFICERS AND CHIEF PETTY OFFICERS		
Service Dress Blue (Note 1) -----	P	A
Service Dress Blue (Sweater/Jacket) (Note 2) -----	O	
Summer White -----		P
Service Khaki -----	A	A
Winter Blue (outside Beltway only) -	A	
MALE ENLISTED (E1-E6)		
Service Dress Blue -----	P	
Service Dress White -----		P
Winter Blue -----	A	
Summer White -----		A

	Winter	Summer
FEMALE ENLISTED (E1-E6)		
Service Dress Blue -----	P	
Service Dress White (Sweater/Jacket)		
(Note 2) -----	O	
Service Dress White -----		P
Winter Blue -----	A	
Summer White -----		A

Working Uniform (Note 3)

OFFICERS AND CHIEF PETTY OFFICERS

Camouflage Utility Uniforms -----	X	X
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ENLISTED (E1 - E6)

Utilities -----	A	A
Camouflage Utility Uniforms -----	X	X
Coveralls -----	X	X

Evening Official and Social Occasions (Note 4)

MALE OFFICER

Formal Dress (White Tie) -----	P/O	P/O
Dinner Dress Blue Jacket -----	P/O	
Dinner Dress White Jacket -----		P/O
Dinner Dress Blue -----	A	
Dinner Dress White -----		A

FEMALE OFFICER

Formal Dress -----	P/O	P/O
Dinner Dress Blue Jacket -----	P/O	
Dinner Dress White Jacket -----		P/O
Dinner Dress Blue -----	A	
Dinner Dress White -----		A

CHIEF PETTY OFFICERS

Dinner Dress Blue Jacket -----	O	
Dinner Dress White Jacket -----		O
Dinner Dress Blue -----	P	
Dinner Dress White -----		P

ENLISTED (E1-E6)

Dinner Dress Blue Jacket -----	O	
Dinner Dress White Jacket -----		O
Dinner Dress Blue -----	P	
Dinner Dress White -----		P

Formal Military Ceremonies (Note 5)

OFFICERS AND ENLISTED (MALE AND FEMALE)

Full Dress Blue (participants) -----	P	
Service Dress Blue (participants/guests)	P	
Full Dress White (participants) -----		P
Service Dress White (participants/guests)		P
Summer White (participants/guests) -		A

NOTES

1. White shirts with accompanying soft shoulder boards may be worn without the Service Dress Blue coat, Navy Black Jacket, or Black V-Neck Pullover Sweater only within interior spaces of an individual's work location.

2. The Navy Black Jacket and Black V-Neck Pullover Sweater are authorized for daily wear to and from work, in public places, and for attending working level meeting/briefings. The Service Dress Blue coat will be worn for high level meetings, briefings, and occasions of a more formal nature.

3. Utilities and coveralls are only authorized for personnel involved in work that would unduly soil the uniform of the day. These working uniforms are not authorized after normal working hours, and are not authorized for wear beyond the base perimeter. Leather flight jackets, when authorized for wear by an individual's command, will be worn as discussed in Article 11801 of reference (b). Seabees may wear Camouflage Utility uniforms inside and outside the Beltway.

4. Formal Dress uniform is required for O-6 and senior, and other officers assigned to duty where required by protocol; otherwise, it is optional for all officers. Dinner Dress Blue/White Jacket is optional for O-3 and junior.

5. The seasonal service dress uniform is prescribed for attending any military funeral in an unofficial or guest/mourner capacity. During the summer season, Summer White is authorized in lieu of Service Dress White. For military funeral official participants, including the Funeral Escort, Escort Commander, and Chief of Naval Personnel representative, the seasonal full dress uniform will be worn at both Full and Simple Honors funerals. Chaplains will wear either the vestments of their religious denomination or the appropriate full dress uniform.

BASIC UNIFORM COMPONENTS

1. Required Basic Uniform Components are those items that must be maintained for wear with the specific uniform; for example: if the uniform of the day is specified as "Service Dress Blue," only those items from the Basic Uniform Components listed in reference (a) are to be worn.
2. It is every individual's responsibility to maintain those items indicated as "Required Basic Uniform Component."
3. Refer to reference (b) for specific guidance on grooming standards, authorized jewelry, and proper wear and care of all uniform items.

PRESCRIBABLE ITEMS

1. Prescribable items must also be maintained and can be worn in place of a Basic Uniform Component when authorized or required by proper authority (i.e., slacks vice skirt for women, raincoats, etc.). Enlisted personnel are issued and paid a clothing replacement allowance for the Basic Uniform Components and Prescribable Items.
2. While skirts are preferred for formal and most ceremonial occasions, slacks may be worn. Slacks may be worn with the uniform of the day, unless otherwise directed.

REQUIREMENTS FOR MILITARY ATTIRE

1 General Requirements

a. Every member of the naval service is a representative of the U.S. Navy. Individual conduct and dress, both in uniform and civilian attire, will reflect credit upon the member and the naval service.

b. All naval personnel will provide themselves with an adequate supply of the correct uniforms prescribed in reference (b) and this directive. Wearing any non-regulation uniform item, insignia, decorations, medals, badges, or ribbons in any way other than prescribed is not permitted when in uniform. An authorized exception to this guidance is the wearing of small pins denoting participation in the Combined Federal Campaign or Navy-Marine Corps Relief Society fund drives. Wearing of these pins will be strictly controlled by the chain of command and will not extend beyond the end of the campaigns.

c. No articles, such as pencils, pens, watch chains, keychain fobs, ankle bracelets, pins, jewelry, handkerchiefs, combs, large wallets, cigars, cigarettes, pipes, or items such as backpacks or knapsacks of any kind will be worn or carried exposed upon the uniform. Earrings are not authorized for male personnel in uniform. Only one earring per earlobe is authorized for female personnel in uniform. Body piercing (other than one earring per earlobe for females) is not authorized in uniform. Commands may make an exception for personnel carrying pagers in a duty status; however, they should not be conspicuous when carried.

d. Per reference (b), grooming standards include neatness, cleanliness, safety, military image, and appearance. These standards are reasonable, enforceable, and ensure that personal appearance contributes to a favorable military image. All senior personnel will set the proper example.

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e. Public showing of affection (hand holding, embracing, etc.) and placing hands in pockets, smoking, eating, or drinking while in uniform in public detract from military smartness and are considered inappropriate. The intention is to have naval personnel present a proud and professional appearance that will bring credit to the individual and the naval service.

REQUIREMENTS GUIDANCE FOR CIVILIAN ATTIRE

1. General Requirements

a. Naval personnel will ensure that their dress and personal appearance are appropriate for the occasion and will not discredit the Navy. Current styles and fashions are authorized. The following guidelines will apply to wearing civilian apparel within the confines of a military installation, except when participating in athletic or recreational activities:

(1) Shoes. Going barefoot or wearing shower sandals is prohibited.

(2) Shirts. Clothing normally worn as an undergarment is not authorized to be worn as outerwear.

(3) Earrings. Earrings are prohibited for male personnel in civilian attire when in a duty status or while in/aboard any ship, craft, aircraft, or in any military vehicle, or within any base or other place under military jurisdiction, or while participating in any organized military recreational activities.

(4) Body Piercing. No articles, other than earrings (one earring per earlobe) for women, shall be attached to or through the ear, nose, or any other body part. Additionally, body piercing is not authorized in civilian attire when in a duty status or while in/aboard any ship, craft, aircraft, or in any military vehicle or within any base or other place under military jurisdiction, or while participating in any organized military recreational activities.

(5) Any garment, jewelry, patch or insignia that bears discriminatory, political or racial designs, slurs, or slogans is prohibited. This restriction also includes sexually suggestive material or items that depict or advocate drug abuse activity.

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b. Per reference (b), individual commands are authorized to suspend the privilege of wearing civilian clothing when:

- (1) Military appearance is unsatisfactory.
- (2) Uniforms are not properly maintained and in adequate supply.
- (3) Aforementioned civilian clothing guidelines are not followed.